

# Accessing MyUWF



Are you having difficulty accessing MyUWF? Follow one of the processes below to gain access to MyUWF.

**Activate your MyUWF/ArgoNet account. This can apply to new students, returning students, faculty members, staff members, or alumni.**

[MyUWF and ArgoNet Account Activation Instructions](#)

**Use the Account Recovery Tool if you already have a MyUWF or ArgoNet account to recover your username or password.**

[MyUWF and ArgoNet Username and Password Recovery Instructions](#)

**Tips for securing your UWF Google Apps account** (*Google Apps is a service that is included with UWF ArgoNet accounts*).

[Gmail Security Checklist](#)

[Secure your Google Account](#)

[Check which devices are accessing your Google Account](#)

## ITS Help Desk

**(850) 474-2075**

[helpdesk@uwf.edu](mailto:helpdesk@uwf.edu)