AGENDA

THE UNIVERSITY OF WEST FLORIDA
BOARD OF TRUSTEES

Student Affairs Committee Meeting
August 17, 2017

University of West Florida Conference Center, Bldg. 22
11000 University Parkway, Pensacola, FL 32514

Call to Order/Roll Call. .......................................................... Greg Britton, Chair

Greeting .......................................................... Greg Britton

Action Items:
  1. Approval of Mental Health Counseling Implementation Plans

Information Items:
  2. Student Case Management Services/Argo Pantry: Frequency Data Spring 2017
  3. 2017 University of West Florida – Gallup Student Survey

Other Committee Business:

Adjournment
UWF Board of Trustees Meeting
Student Affairs Committee
August 17, 2017

Agenda Recommendation: BOG Request – Mental Health Counseling Implementation Plans

Proposed Action: Approval

Background Information:

At the June 22, 2017 Board meeting the BOG chair, Tom Kuntz, requested a BOT approved plan to increase current staffing levels at each of the SUS Counseling and Psychological Services as requested in the two prior Mental Health LBRs. He has requested the approved implementation plans be presented as informational items at the BOG November meeting. This plan is submitted for your approval.

Implementation Plan:

UWF needs to hire seven new therapists to meet the 1 counselor to 1,000 students ratio suggested in the Mental Health LBR. We propose to hire two each year for three years and one in the fourth and final year.

Fiscal Implications:

Seven therapists and associated costs total $606,319.72 in recurring funding and $70,000 in non-recurring funding.

Supporting documents: BOT CAPS staffing presentation final; BOG Memo Mental Health Counseling; Mental Health Counseling Services plan 2017

Prepared by:
Rebecca Kennedy, Assistant Vice President; Director, Counseling and Psychological Services, (850) 474-2420, r kennedy@uwf.edu

Facilitator/Presentor:
Rebecca Kennedy, Assistant Vice President; Director, Counseling and Psychological Services, (850) 474-2420, r kennedy@uwf.edu
Counseling & Psychological Services (CAPS)

Current Staffing:

- AVP/Director
- Support Staff
- 3.175 FTE Psychologists
- 2.8 FTE LMHC
- 1.3 FTE Psychiatric
- 4 FTE Trainees
Accreditation Standards

International Association of Counseling Services (IACS) recommends:

1 FTE professional staff member to every 1,000 students

UWF is required to add seven FTE clinicians to meet the standard:

Year 1: 1 Psychologist, 1 LMHC
Year 2: 1 Psychologist, 1 LMHC
Year 3: 1 LMHC, 1 LCSW
Year 4: 1 LCSW
Goals of Investment in CAPS

1) Provide access to counselors to directly assist students with their mental and behavioral health needs so they can reach their academic goals

2) Provide prevention and outreach services so that students mentally thrive without the need for treatment
## Investment (Staffing and Expense)

<table>
<thead>
<tr>
<th>Hiring Year</th>
<th>New Recurring</th>
<th>New Non-Recurring</th>
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<tbody>
<tr>
<td>Year 1</td>
<td>$178,209.92</td>
<td>$20,000.00</td>
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<tr>
<td>Year 2</td>
<td>$178,209.92</td>
<td>$20,000.00</td>
</tr>
<tr>
<td>Year 3</td>
<td>$166,599.92</td>
<td>$20,000.00</td>
</tr>
<tr>
<td>Year 4</td>
<td>$ 83,299.96</td>
<td>$10,000.00</td>
</tr>
<tr>
<td>Total Years 1-4</td>
<td>$606,319.72</td>
<td>$70,000.00</td>
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Return on Investment

- Eliminate waitlist for services
- Expand walk-in assessment and consultation services
- Provide evening hours for individual and group treatment
- Provide additional group treatment options
- On-line treatment options
- Embed walk-in consultation services in residence halls
Questions?
MEMORANDUM

TO: SUS Data Administrators

FROM: Jan Ignash, Vice Chancellor, Academic and Student Affairs

Tim Jones, Vice Chancellor, Finance and Administration

THROUGH: Jason Jones

Chief Data Officer, Office of Data and Analytics

DATE: June 27, 2017

SUBJECT: Mental Health Counseling and Public Safety Officers Implementation Plans

DUE DATE: October 1, 2017

On June 15, the Board of Trustee Chairs and Presidents met with Board of Governors Chair Tom Kuntz to discuss a variety of system issues. One of the initiatives discussed was the Mental Health Counseling and Public Safety Officers legislative budget request (LBR) that was included in the Board’s official LBR for the last two legislative cycles.

Given the importance of these issues for our students, faculty and staff, it was agreed that universities would develop plans on implementing these initiatives utilizing existing resources. At the June 22 Board meeting, Chair Kuntz requested these plans be submitted as an information item to the Board for the November meeting.

If you have questions regarding the Mental Health Counseling plans please contact Dr. Jan Ignash at jan.ignash@flbog.edu. For questions regarding the Public Safety Officers plans please contact Mr. Tim Jones at tim.jones@flbog.edu.

Thank you.

Jason Jones

Chief Data Officer

Office of Data and Analytics

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Mental Health Counseling Services Staffing Plan

Overview
The SUS Mental Health Counseling Services Legislative Budget Request (LBR) was not funded for FY18. BOG requested that each university develop a plan to address this critical need for student mental and behavioral health coverage at each State University System institution. UWF needs to hire seven FTE therapists to meet the 1:1000 (1 counselor to every 1,000 students) ratio requested in the LBR over the next four years.

UWF Counseling and Psychological Services (CAPS)
UWF currently employs six FTE clinical staff in addition to the AVP/Director, a part-time psychiatrist, a full-time psychiatric nurse practitioner and support staff:

- 3.175 FTE – Psychologist
- 2.8 FTE – Licensed Mental Health Counselor (LMHC)

In order to address the demand, CAPS proposes to employ two additional psychologists, three LMHCs, and two licensed clinical social workers (LCSW) to reach the 1:1000 suggested ratio. It is intentional to have on staff a mix of psychologists, LMHCs and LCSWs in order to diversify the staff and the student training capacity.

Resources Needed
In each of the first three years two therapists will be hired with the seventh therapist hired in year four. Approximately $606,000 is needed in recurring and $70,000 in non-recurring phased in over the four year plan.

Return on Investment
The primary goals of increasing staff to the 1:1000 ratio at UWF are to:

1) Provide access to counselors to directly assist students in their mental and behavioral health needs so they can reach their academic goals.
2) Provide prevention and outreach services so that students mentally thrive without the need for treatment.

Priorities include:

- Eliminating waitlists
- Expanding walk-in assessment and consultation services,
- Providing evening hours for individual and group treatment,
- Providing additional group treatment options,
- On-line treatment options,
- Embedding walk-in consultation services in residence halls.

Additionally, as we steadily increase the number of counselors we can look at adding innovative programs such as Recovery (drug and alcohol dependence and abuse) support services, expanded support services for students on the Autism Spectrum, Learning Disability and Attention Deficit Disorder Testing and Assessment, and facilitating programs for academically at-risk students such as a Bounce Back program. Lastly, we can expand the academic internship offerings we have for pre-doctoral interns, post-doctoral residents, registered mental health interns, and registered social work interns.
UWF Board of Trustees Meeting
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Issue: Student Case Management Services/Argo Pantry: Frequency Data Spring 2017

Proposed action: Information Only

Background information:

Dr. Lusharon Wiley will provide an overview of the Spring 2017 Student Case Management Services and Argo Pantry frequency data

Recommendation: NA

Implementation Plan: NA

Fiscal Implications: NA

Supporting documents: PowerPoint

Prepared by: Dr. Lusharon Wiley, Sr. Associate Dean of Students and Director of Student Case Management Services, lwiley@uwf.edu, 850-474-2384

Presenter: Dr. Lusharon Wiley, Sr. Associate Dean of Students and Director of Student Case Management Services, lwiley@uwf.edu, 850-474-2384
Case Management Services Cases Fall 2014 - Summer 2017

<table>
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<th>Semester</th>
<th>Number of Cases</th>
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<tr>
<td>Fall 2014</td>
<td>322</td>
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<tr>
<td>Fall 2015</td>
<td>655</td>
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<tr>
<td>Fall 2016</td>
<td>817</td>
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<tr>
<td>Spring 2015</td>
<td>560</td>
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<tr>
<td>Spring 2016</td>
<td>894</td>
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<td>Spring 2017</td>
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<tr>
<td>Summer 2015</td>
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<td>Summer 2016</td>
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<tr>
<td>Summer 2017</td>
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Case Management Services Cases in the Last 12 Months
Food Pantry Visits Fall 2014 - Summer 2017

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<th>Semester</th>
<th>Number of Visits</th>
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<tbody>
<tr>
<td>Fall 2014</td>
<td>56</td>
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<tr>
<td>Fall 2015</td>
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<tr>
<td>Fall 2016</td>
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<td>Spring 2015</td>
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<td>Summer 2015</td>
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<td>Summer 2016</td>
<td>174</td>
</tr>
<tr>
<td>Summer 2017</td>
<td>82</td>
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Food Pantry Visits in the Last 12 Months

Number of Visits

Month


64  102  103  115  94  110  103  88  41  27  28
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Academic Affairs Committee
August 17, 2017

Agenda Recommendation: 2017 University of West Florida-Gallup Student Survey

Proposed Action: Information Item

Background Information:

To understand the quality of their undergraduates’ experiences in and out of school, the University of West Florida (UWF) partnered with Gallup to survey their currently enrolled students in the spring of 2017. In total, Gallup interviewed 1,050 UWF students. The survey was administered to students regardless of their year in school—first-year students through seniors. The survey and this presentation focuses on four critical areas of interest to UWF:

- Student well-being
- Key Support and Experiential Learning experiences
- Making the transition from college to career
- Student Persistence and Resiliency
- Online and Nontraditionally-Aged UWF Students

Supporting documents:
None

Prepared by: Joffery Gaymon, Vice President, Enrollment & Student Affairs
jgaymon@uwf.edu, 474-3386

Presented by: Joffery Gaymon, Vice President